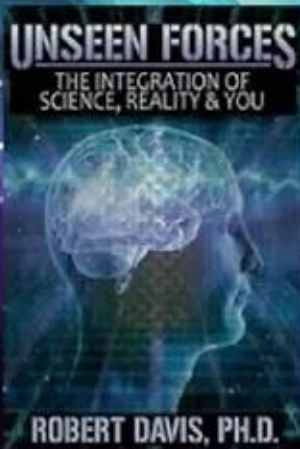


Dr. Robert Davis

Skeptiko #419



Skeptiko Topics:

Consciousness Science

Parapsychology

Near-Death Experience

Spirituality

Skeptics/Skepticism

Psi

Psychics & Mediums

Atheism

UFO

Neuroscience

Conspiracy Theories

Contactee Experience

OBE

1
00:00:11,570 --> 00:00:08,629
today we welcome dr. Robert Davis to

2
00:00:13,580 --> 00:00:11,580
skeptic Oh Bob is an internationally

3
00:00:15,829 --> 00:00:13,590
recognized expert in the field of

4
00:00:18,439 --> 00:00:15,839
sensory neuroscience I was just browsing

5
00:00:21,920 --> 00:00:18,449
his curriculum Vita before we talked

6
00:00:23,420 --> 00:00:21,930
here and way beyond my comprehension but

7
00:00:25,640 --> 00:00:23,430
I have to take it for what it's worth

8
00:00:27,529 --> 00:00:25,650
he's the guy's had a stellar academic

9
00:00:30,320 --> 00:00:27,539
career all the usual stuff articles in

10
00:00:32,269 --> 00:00:30,330
scholarly paper and IH grants called the

11
00:00:35,450 --> 00:00:32,279
conferences to speak all the stuff and

12
00:00:37,100 --> 00:00:35,460
then like we like to say on skeptic oh

13
00:00:40,220 --> 00:00:37,110

you know the universe knocked

14

00:00:42,920 --> 00:00:40,230

more-or-less Bob and his wife had a

15

00:00:45,410 --> 00:00:42,930

rather lengthy UFO sighting a few years

16

00:00:47,180 --> 00:00:45,420

back that led to his first book the UFO

17

00:00:49,880 --> 00:00:47,190

phenomenon then he had a rather

18

00:00:51,889 --> 00:00:49,890

remarkable shared near-death experience

19

00:00:54,020 --> 00:00:51,899

or shared death experience I should say

20

00:00:57,709 --> 00:00:54,030

if you know what that is leading to his

21

00:01:00,709 --> 00:00:57,719

second book life after death and to top

22

00:01:03,399 --> 00:01:00,719

it all off he has this rather remarkable

23

00:01:07,039 --> 00:01:03,409

Kundalini experience a peak experience

24

00:01:08,570 --> 00:01:07,049

that more or less leads to his third

25

00:01:11,510 --> 00:01:08,580

book and one that we're going to talk a

26

00:01:15,380 --> 00:01:11,520

lot about today unseen forces the

27

00:01:18,710 --> 00:01:15,390

integration of science reality and you

28

00:01:19,789 --> 00:01:18,720

Bob awesome awesome work thank you so

29

00:01:22,310 --> 00:01:19,799

much for joining me

30

00:01:24,200 --> 00:01:22,320

Alex it's really a pleasure to be with

31

00:01:26,240 --> 00:01:24,210

you but I sense you for quite some time

32

00:01:27,679 --> 00:01:26,250

well great you know you were telling me

33

00:01:31,160 --> 00:01:27,689

about a little bit beforehand and that's

34

00:01:33,499 --> 00:01:31,170

always good to hear especially because I

35

00:01:35,569 --> 00:01:33,509

want to try something different here I'm

36

00:01:37,550 --> 00:01:35,579

just started trying it out lately but I

37

00:01:40,969 --> 00:01:37,560

really like the way that it goes because

38

00:01:42,889 --> 00:01:40,979

it launches us into these level three

39

00:01:45,289 --> 00:01:42,899

kind of discussions and in the email

40

00:01:46,490 --> 00:01:45,299

exchange we head back and forth and

41

00:01:48,410 --> 00:01:46,500

because you're a listener to the show

42

00:01:50,179 --> 00:01:48,420

you know what I mean when I say level

43

00:01:52,359 --> 00:01:50,189

three we don't have to go over the

44

00:01:55,510 --> 00:01:52,369

basics we don't have to try and

45

00:01:58,789 --> 00:01:55,520

painstakingly deal with all them stupid

46

00:02:00,950 --> 00:01:58,799

skeptical nonsense and we can get to

47

00:02:03,080 --> 00:02:00,960

some of the real issues that are

48

00:02:05,719 --> 00:02:03,090

important to the people like you and I

49

00:02:08,210 --> 00:02:05,729

who are deeply into trying to figure

50

00:02:12,820 --> 00:02:08,220

this stuff out so are you ready

51
00:02:14,500 --> 00:02:12,830
oh I'm ready let's go sceptical jeopardy

52
00:02:16,810 --> 00:02:14,510
for those who are listening along here

53
00:02:19,270 --> 00:02:16,820
are my categories for you mind equals

54
00:02:21,460 --> 00:02:19,280
brain bio filled in the EES vs.

55
00:02:23,170 --> 00:02:21,470
abductions different world and we'll

56
00:02:25,180 --> 00:02:23,180
explain what that means but that's one

57
00:02:27,730 --> 00:02:25,190
of the key ideas from the book time and

58
00:02:28,420 --> 00:02:27,740
space peak experience obviously we have

59
00:02:31,720 --> 00:02:28,430
to get there

60
00:02:33,910 --> 00:02:31,730
xanax I got an interesting spin how much

61
00:02:36,760 --> 00:02:33,920
we should rely on the medical field to

62
00:02:38,860 --> 00:02:36,770
save us from the spiritual emergencies

63
00:02:40,570 --> 00:02:38,870

that are no doubt their Kundalini we've

64

00:02:43,150 --> 00:02:40,580

got to talk about that and of course I

65

00:02:44,680 --> 00:02:43,160

always have God on the list because God

66

00:02:48,010 --> 00:02:44,690

seems to be left out of these

67

00:02:52,870 --> 00:02:48,020

discussions all too often so dr. Robert

68

00:02:55,300 --> 00:02:52,880

Davis please pick your category well

69

00:02:57,070 --> 00:02:55,310

stay with Bob but the thought would I

70

00:03:00,040 --> 00:02:57,080

guess the peak experience I think that's

71

00:03:01,780 --> 00:03:00,050

the overarching issue in a sense right

72

00:03:04,630 --> 00:03:01,790

here so let's go with that one

73

00:03:06,850 --> 00:03:04,640

okay peak experience and I guess that

74

00:03:10,270 --> 00:03:06,860

leads to a really easy question for me

75

00:03:16,930 --> 00:03:10,280

how are you defining peak experience

76

00:03:19,780 --> 00:03:16,940

well it's it is debatable Stace talked

77

00:03:22,720 --> 00:03:19,790

about it quite a while ago it's it's a

78

00:03:25,690 --> 00:03:22,730

broad range of spiritual mystical

79

00:03:29,500 --> 00:03:25,700

extraordinary experiences perceived

80

00:03:32,650 --> 00:03:29,510

generally in terms of a ineffable type

81

00:03:35,080 --> 00:03:32,660

of description of reality they have

82

00:03:39,699 --> 00:03:35,090

people report having an altered sense of

83

00:03:41,979 --> 00:03:39,709

time and space possibly even interacting

84

00:03:43,300 --> 00:03:41,989

with non-human entities so that's a

85

00:03:45,790 --> 00:03:43,310

distinct possibility

86

00:03:48,790 --> 00:03:45,800

but they sense this interconnectedness a

87

00:03:50,830 --> 00:03:48,800

common sense of oneness with the cosmos

88

00:03:52,810 --> 00:03:50,840

as they say do you worry

89

00:03:54,190 --> 00:03:52,820

here's a direct question right now do

90

00:03:55,750 --> 00:03:54,200

you worry that we're lumping too many

91

00:03:58,420 --> 00:03:55,760

things together when we talk about peak

92

00:04:00,160 --> 00:03:58,430

experience we may very well and that's

93

00:04:02,530 --> 00:04:00,170

part of the problem we think weeding

94

00:04:06,130 --> 00:04:02,540

things out trying to more specifically

95

00:04:09,160 --> 00:04:06,140

define with precise criteria what we are

96

00:04:12,449 --> 00:04:09,170

talking about but I have lumped the NDEs

97

00:04:15,820 --> 00:04:12,459

OBEs even the you a peas

98

00:04:17,470 --> 00:04:15,830

meditation psychoactive reactions that

99

00:04:19,390 --> 00:04:17,480

falls under the heading those are all

100

00:04:21,460 --> 00:04:19,400

trigger life experiences of this

101

00:04:23,409 --> 00:04:21,470

overarching peak experiences this

102

00:04:25,379 --> 00:04:23,419

extraordinary event that seemed to

103

00:04:27,689 --> 00:04:25,389

transform people in

104

00:04:29,309 --> 00:04:27,699

remarkable often similar generally

105

00:04:32,700 --> 00:04:29,319

positive ways in terms of

106

00:04:34,499 --> 00:04:32,710

psycho-spiritual changes and and the

107

00:04:37,260 --> 00:04:34,509

question here is why why are these

108

00:04:39,989 --> 00:04:37,270

different types of trigger events share

109

00:04:43,140 --> 00:04:39,999

similarities unique differences no doubt

110

00:04:46,730 --> 00:04:43,150

but why do they have such a remarkable

111

00:04:49,350 --> 00:04:46,740

effect on people from that day forward

112

00:04:51,059 --> 00:04:49,360

and that is the that is the critical

113

00:04:52,830 --> 00:04:51,069

question here and why doesn't the

114

00:04:54,779 --> 00:04:52,840

medical community psychiatric community

115

00:04:56,730 --> 00:04:54,789

and particularly give more emphasis more

116

00:04:59,339 --> 00:04:56,740

attention to the millions of individuals

117

00:05:01,589 --> 00:04:59,349

who are having difficulty integrating

118

00:05:03,330 --> 00:05:01,599

this remarkable what's called peak

119

00:05:07,679 --> 00:05:03,340

experience was called the spiritual

120

00:05:09,300 --> 00:05:07,689

awakening transcendent whatever you

121

00:05:12,390 --> 00:05:09,310

might call it it goes by many different

122

00:05:15,200 --> 00:05:12,400

names but nevertheless people are

123

00:05:17,640 --> 00:05:15,210

questioned what happened to them why me

124

00:05:18,300 --> 00:05:17,650

did I actually interact with another

125

00:05:21,629 --> 00:05:18,310

reality

126

00:05:24,920 --> 00:05:21,639

am I going insane they're hesitant to

127

00:05:28,230 --> 00:05:24,930

see professional helpful fear of being

128

00:05:29,850 --> 00:05:28,240

regarded as as psychotic in nature

129

00:05:32,070 --> 00:05:29,860

because the last thing you want to hear

130

00:05:35,760 --> 00:05:32,080

is that you are psychotic when you

131

00:05:38,279 --> 00:05:35,770

question your sanity that can put you

132

00:05:40,200 --> 00:05:38,289

over the edge and it does many people

133

00:05:42,389 --> 00:05:40,210

don't are obviously don't want to go

134

00:05:44,429 --> 00:05:42,399

there so they there in silence so

135

00:05:45,959 --> 00:05:44,439

confine and just with one person and

136

00:05:47,909 --> 00:05:45,969

people know that they're different

137

00:05:50,100 --> 00:05:47,919

they're having a spiritual emergency I

138

00:05:51,420 --> 00:05:50,110

had a spiritual emergency we all that's

139

00:05:53,670 --> 00:05:51,430

why I brought that you know I just

140

00:05:55,920 --> 00:05:53,680

popped that up on the screen but let's

141

00:05:57,869 --> 00:05:55,930

talk about that because that's pretty

142

00:05:59,070 --> 00:05:57,879

amazing and it takes us in a bunch of

143

00:06:00,719 --> 00:05:59,080

different directions that I think are

144

00:06:03,899 --> 00:06:00,729

interesting first of all we want to tell

145

00:06:06,079 --> 00:06:03,909

people what a Kundalini experience is

146

00:06:09,110 --> 00:06:06,089

you know it's been documented in the

147

00:06:12,089 --> 00:06:09,120

yoga literature for a long time

148

00:06:14,670 --> 00:06:12,099

culturally we've kind of maybe not

149

00:06:16,559 --> 00:06:14,680

always used it correctly in terms of the

150

00:06:18,779 --> 00:06:16,569

definition of what it is in the West but

151

00:06:20,909 --> 00:06:18,789

it still basically comes through and

152

00:06:22,230 --> 00:06:20,919

it's a physical biological kind of thing

153

00:06:24,149 --> 00:06:22,240

a lot of times the way people talk about

154

00:06:25,110 --> 00:06:24,159

it and then there's this integration

155

00:06:27,089 --> 00:06:25,120

problem that you're talking about

156

00:06:29,329 --> 00:06:27,099

sometimes people have these Kundalini

157

00:06:32,129 --> 00:06:29,339

awakening kind of experiences these

158

00:06:34,110 --> 00:06:32,139

all-knowing peak experiences while the

159

00:06:36,689 --> 00:06:34,120

energy that runs through the body kind

160

00:06:39,530 --> 00:06:36,699

of experience and sometimes that's comes

161

00:06:42,120 --> 00:06:39,540

after a very rigorous set

162

00:06:46,170 --> 00:06:42,130

exercises meditations over a period of

163

00:06:48,180 --> 00:06:46,180

years guided by an experienced guru type

164

00:06:50,670 --> 00:06:48,190

who's going to lead you there but other

165

00:06:53,240 --> 00:06:50,680

times as you're gonna I think tell us

166

00:06:55,440 --> 00:06:53,250

about it comes in a more spontaneous

167

00:06:57,090 --> 00:06:55,450

out-of-control way out of the blue

168

00:06:59,070 --> 00:06:57,100

sometimes we've had some people on the

169

00:07:01,680 --> 00:06:59,080

show who've talked about exactly that

170

00:07:03,840 --> 00:07:01,690

and it can be very unsettling when it

171

00:07:06,360 --> 00:07:03,850

comes that way so I've kind of teed it

172

00:07:08,340 --> 00:07:06,370

up a little bit but fill out the missing

173

00:07:10,860 --> 00:07:08,350

pieces and tell us about your Kundalini

174

00:07:12,600 --> 00:07:10,870

experience well you know we'll say that

175

00:07:14,790 --> 00:07:12,610

looks at a Cleveland experience it's

176

00:07:17,760 --> 00:07:14,800

just simply another type of trigger

177

00:07:21,900 --> 00:07:17,770

event for an overarching peak experience

178

00:07:25,560 --> 00:07:21,910

there's very similar and in my case it

179

00:07:29,310 --> 00:07:25,570

did emerge spontaneously but let me give

180

00:07:30,570 --> 00:07:29,320

a little backdrop to this quickly I gave

181

00:07:32,970 --> 00:07:30,580

a talk in Australia

182

00:07:35,670 --> 00:07:32,980

following the talk I was invited to

183

00:07:38,150 --> 00:07:35,680

participate in a little party in the

184

00:07:40,620 --> 00:07:38,160

hotel room one of the women their

185

00:07:44,130 --> 00:07:40,630

physician actually said let's do some

186

00:07:46,860 --> 00:07:44,140

medical feeling so people sat around

187

00:07:49,710 --> 00:07:46,870

about five six of us and she started to

188

00:07:52,220 --> 00:07:49,720

talk she started to talk about erasing

189

00:07:56,310 --> 00:07:52,230

engrams removing negative energy

190

00:07:59,280 --> 00:07:56,320

energies genetic dispositions all of

191

00:08:03,000 --> 00:07:59,290

this type of information that that kind

192

00:08:06,870 --> 00:08:03,010

of was focused on cleaning the person

193

00:08:08,700 --> 00:08:06,880

out removing all those the negative

194

00:08:10,770 --> 00:08:08,710

so-called Karma and she was very

195

00:08:13,020 --> 00:08:10,780

descriptive about it nevertheless I

196

00:08:15,110 --> 00:08:13,030

started talking couldn't stop for 20

197

00:08:19,230 --> 00:08:15,120

minutes I started having involuntary

198

00:08:21,360 --> 00:08:19,240

movements about shoulders my head and I

199

00:08:24,240 --> 00:08:21,370

was conscious I was fully aware that I

200

00:08:26,520 --> 00:08:24,250

was literally out of control I could not

201
00:08:28,950 --> 00:08:26,530
and have not ever experienced that I

202
00:08:31,530 --> 00:08:28,960
could not control myself and at the same

203
00:08:33,510 --> 00:08:31,540
time while I'm more than curious about

204
00:08:34,140 --> 00:08:33,520
what's going on with my body I felt

205
00:08:35,969 --> 00:08:34,150
wonderful

206
00:08:38,070 --> 00:08:35,979
I felt that surge of energy that you

207
00:08:40,110 --> 00:08:38,080
talked about the kind of like a

208
00:08:42,690 --> 00:08:40,120
foundation in a way but typical

209
00:08:44,340 --> 00:08:42,700
Kundalini what do people talk about

210
00:08:46,170 --> 00:08:44,350
maybe maybe something having to do with

211
00:08:49,470 --> 00:08:46,180
chakra and the release of energy from

212
00:08:51,490 --> 00:08:49,480
the base of the spine and maybe maybe

213
00:08:54,040 --> 00:08:51,500

that's that's all what it is

214

00:08:55,870 --> 00:08:54,050

but but it's obviously not clear to the

215

00:08:58,150 --> 00:08:55,880

medical community what is actually going

216

00:09:00,730 --> 00:08:58,160

on other than that it was like a dual

217

00:09:02,530 --> 00:09:00,740

awareness I was here in the moment but

218

00:09:04,600 --> 00:09:02,540

but I couldn't control my body although

219

00:09:07,510 --> 00:09:04,610

I was very aware of what was going on

220

00:09:11,350 --> 00:09:07,520

and I loved it it was a very positive

221

00:09:14,080 --> 00:09:11,360

energy here again it's impossible to

222

00:09:15,940 --> 00:09:14,090

fully explain to another person unless

223

00:09:18,460 --> 00:09:15,950

they have it but I was for a period of

224

00:09:20,950 --> 00:09:18,470

time transformed by that it was an

225

00:09:22,840 --> 00:09:20,960

extraordinary positive in many ways but

226

00:09:24,940 --> 00:09:22,850

it did have a net spiritual emergency

227

00:09:26,200 --> 00:09:24,950

attached to it numerous obvious

228

00:09:28,750 --> 00:09:26,210

questions were going to be asked by

229

00:09:30,840 --> 00:09:28,760

anyone but I felt that

230

00:09:34,090 --> 00:09:30,850

interconnectedness how does it manifest

231

00:09:36,550 --> 00:09:34,100

again ineffable I can't explain it I

232

00:09:38,380 --> 00:09:36,560

felt more at one with reality to the

233

00:09:40,390 --> 00:09:38,390

point where I started to hug trees every

234

00:09:44,040 --> 00:09:40,400

time I walked in the park I felt that

235

00:09:47,380 --> 00:09:44,050

kind of closeness it's a life last

236

00:09:48,850 --> 00:09:47,390

several months I was very anxious try to

237

00:09:51,550 --> 00:09:48,860

read everything about Kundalini

238

00:09:55,480 --> 00:09:51,560

experience eventually found dr. Graf's

239

00:09:57,910 --> 00:09:55,490

book on spiritual emergency anybody who

240

00:09:59,829 --> 00:09:57,920

is experiencing something like that

241

00:10:01,990 --> 00:09:59,839

whatever event and people have it for

242

00:10:06,130 --> 00:10:02,000

again a variety of trigger experiences

243

00:10:09,700 --> 00:10:06,140

NDEs OBE psycho etc in you a peak the

244

00:10:12,160 --> 00:10:09,710

thing is that book is a critical

245

00:10:14,260 --> 00:10:12,170

resource and it does provide sufficient

246

00:10:17,230 --> 00:10:14,270

perspective to give you a better sense

247

00:10:20,350 --> 00:10:17,240

of what's going on and possibly what to

248

00:10:23,079 --> 00:10:20,360

do now you need that kind of comfort so

249

00:10:25,990 --> 00:10:23,089

let's let's back up and mature those who

250

00:10:30,070 --> 00:10:26,000

stand graf is of course you and I do but

251
00:10:32,260 --> 00:10:30,080
absolute pioneer in these fields and has

252
00:10:34,420 --> 00:10:32,270
explored these extended States from a

253
00:10:36,430 --> 00:10:34,430
number of different kind of venues or

254
00:10:39,340 --> 00:10:36,440
pads in as you were kind of talking

255
00:10:41,490 --> 00:10:39,350
about so started out with psychedelics

256
00:10:44,350 --> 00:10:41,500
but also just went to meditation

257
00:10:46,720 --> 00:10:44,360
rhythmic kind of drumming and all this

258
00:10:49,480 --> 00:10:46,730
kind of stuff which then relates to what

259
00:10:51,700 --> 00:10:49,490
we see in cultures throughout time that

260
00:10:52,810 --> 00:10:51,710
are isolated from a modern society they

261
00:10:55,240 --> 00:10:52,820
still have this way and now we

262
00:10:57,880 --> 00:10:55,250
understand that as a way of accessing

263
00:11:00,250 --> 00:10:57,890

these peak experiences these altered

264

00:11:02,440 --> 00:11:00,260

states and that starts to connect so the

265

00:11:04,570 --> 00:11:02,450

other thing Stan Grof starts to start

266

00:11:05,240 --> 00:11:04,580

documenting what it's like to be in

267

00:11:08,450 --> 00:11:05,250

these state

268

00:11:11,710 --> 00:11:08,460

alluding to maybe you want to speak more

269

00:11:15,200 --> 00:11:11,720

of they can be extremely uncomfortable

270

00:11:17,360 --> 00:11:15,210

and also just unsettling in a number of

271

00:11:19,130 --> 00:11:17,370

ways I mean that they lead to all sorts

272

00:11:20,780 --> 00:11:19,140

of personal problems you know the people

273

00:11:23,360 --> 00:11:20,790

that are closest to you may not be able

274

00:11:25,310 --> 00:11:23,370

to relate to you for that six months or

275

00:11:27,530 --> 00:11:25,320

sometimes for a year that people are

276

00:11:29,480 --> 00:11:27,540

kind of often doing things so there's

277

00:11:31,880 --> 00:11:29,490

all those things we want to pull apart

278

00:11:33,200 --> 00:11:31,890

and maybe I'll stop and do that but then

279

00:11:35,930 --> 00:11:33,210

what I really want to get to you is

280

00:11:38,390 --> 00:11:35,940

beginning to start to understand or take

281

00:11:41,090 --> 00:11:38,400

stabs at what we think that's saying

282

00:11:42,830 --> 00:11:41,100

about this larger reality and whether

283

00:11:44,360 --> 00:11:42,840

it's a different world or whether it's

284

00:11:46,850 --> 00:11:44,370

looking at the world differently as you

285

00:11:49,790 --> 00:11:46,860

like to put it but fill in any gaps I

286

00:11:52,310 --> 00:11:49,800

left about Stan graphs important work

287

00:11:54,950 --> 00:11:52,320

and then the general lay of the land for

288

00:11:58,040 --> 00:11:54,960

these Kundalini experiences and go ahead

289

00:12:00,530 --> 00:11:58,050

stop there yeah we need more support

290

00:12:02,570 --> 00:12:00,540

from the psychological community and

291

00:12:04,790 --> 00:12:02,580

they need to be aware of the unique

292

00:12:06,560 --> 00:12:04,800

types of psychological problems these

293

00:12:08,720 --> 00:12:06,570

individuals are having trying to wrestle

294

00:12:10,340 --> 00:12:08,730

with what happened to them the fact that

295

00:12:13,730 --> 00:12:10,350

mainstream science of course doesn't

296

00:12:16,820 --> 00:12:13,740

recognize the things that we're talking

297

00:12:21,560 --> 00:12:16,830

about as being true reality in the sense

298

00:12:23,960 --> 00:12:21,570

of an NDE Kundalini etc they may be that

299

00:12:27,320 --> 00:12:23,970

lack of acknowledgement understanding

300

00:12:30,110 --> 00:12:27,330

has led to a paltry an inadequate

301
00:12:31,850 --> 00:12:30,120
inferior management system on the part

302
00:12:34,790 --> 00:12:31,860
of the medical community psychiatric in

303
00:12:36,829 --> 00:12:34,800
particular psychological to manage

304
00:12:39,350 --> 00:12:36,839
people to help them with the unique

305
00:12:41,920 --> 00:12:39,360
experiences there are some who do that

306
00:12:43,640 --> 00:12:41,930
but they're few and far between and

307
00:12:46,070 --> 00:12:43,650
billions of people have these

308
00:12:47,390 --> 00:12:46,080
experiences every year we know 200,000

309
00:12:50,660 --> 00:12:47,400
people in United States alone have an

310
00:12:52,940 --> 00:12:50,670
NDE do you think they were the same

311
00:12:55,130 --> 00:12:52,950
person having their morning coffee and a

312
00:12:57,350 --> 00:12:55,140
bagel a day before I don't think so

313
00:13:00,079 --> 00:12:57,360

coming off of something like that is

314

00:13:03,860 --> 00:13:00,089

going to more than rock your world and

315

00:13:06,110 --> 00:13:03,870

transform you in in many ways and that

316

00:13:07,579 --> 00:13:06,120

is a critical question among many others

317

00:13:09,950 --> 00:13:07,589

why are these individuals again

318

00:13:13,130 --> 00:13:09,960

transformed but I always wonder and I

319

00:13:15,260 --> 00:13:13,140

always worry if we're not asking the

320

00:13:17,510 --> 00:13:15,270

wrong question there so let me review

321

00:13:19,470 --> 00:13:17,520

some of the data that you just glossed

322

00:13:22,389 --> 00:13:19,480

over you go talk to an

323

00:13:25,210 --> 00:13:22,399

researcher like PMH Atwater who's done

324

00:13:29,259 --> 00:13:25,220

an awesome job of exploring exactly that

325

00:13:31,119 --> 00:13:29,269

topic that is under reported if you will

326

00:13:32,769 --> 00:13:31,129

because not a lot of folks want to talk

327

00:13:35,379 --> 00:13:32,779

about the fact that you're gonna have

328

00:13:37,119 --> 00:13:35,389

this NDE you're gonna meet god you're

329

00:13:38,350 --> 00:13:37,129

going to be transformed and then you're

330

00:13:42,189 --> 00:13:38,360

going to come back and you're going to

331

00:13:44,079 --> 00:13:42,199

be suicidal and get a divorce what no

332

00:13:44,350 --> 00:13:44,089

one wants that story and it's not like

333

00:13:47,799 --> 00:13:44,360

that

334

00:13:50,769 --> 00:13:47,809

always happens but you know it doesn't

335

00:13:52,569 --> 00:13:50,779

solve all the problems and then

336

00:13:57,759 --> 00:13:52,579

interestingly enough you know you are

337

00:14:01,749 --> 00:13:57,769

super well-versed in the UFO contact ET

338

00:14:04,299 --> 00:14:01,759

contact experience stuff and you're well

339

00:14:06,730 --> 00:14:04,309

tied into the free organization and know

340

00:14:09,189 --> 00:14:06,740

the data set as well as know the stuff

341

00:14:12,160 --> 00:14:09,199

around that and so there the story is

342

00:14:14,619 --> 00:14:12,170

the same right Bob these people even if

343

00:14:16,509 --> 00:14:14,629

they have spiritually transformative

344

00:14:18,489 --> 00:14:16,519

experiences as part of their contact

345

00:14:20,769 --> 00:14:18,499

experiences or if they don't if they

346

00:14:23,350 --> 00:14:20,779

have more traumatic you know experiences

347

00:14:26,530 --> 00:14:23,360

same thing they come back you know

348

00:14:29,889 --> 00:14:26,540

divorce rate goes way up feelings of

349

00:14:32,439 --> 00:14:29,899

isolation goes way up you know all these

350

00:14:35,410 --> 00:14:32,449

things are kind of the hidden message

351

00:14:37,539 --> 00:14:35,420

and then I go talk to a guy really

352

00:14:40,809 --> 00:14:37,549

appreciate him like his work as dr.

353

00:14:42,539 --> 00:14:40,819

Jeffrey Martin a guy who studied the

354

00:14:44,739 --> 00:14:42,549

awakening enlightenment experience

355

00:14:47,319 --> 00:14:44,749

scientifically Harvard trained social

356

00:14:49,530 --> 00:14:47,329

scientist right up the alley of what

357

00:14:52,239 --> 00:14:49,540

we're talking about here so go talk to

358

00:14:55,900 --> 00:14:52,249

Christian mystics as well as Buddhist

359

00:14:58,389 --> 00:14:55,910

Zen the best practitioners you go to a

360

00:15:00,730 --> 00:14:58,399

community and you say okay who's really

361

00:15:02,559 --> 00:15:00,740

got the goods who's really enlightened

362

00:15:05,949 --> 00:15:02,569

and then you go talk to those people and

363

00:15:08,079 --> 00:15:05,959

you find out their experience their

364

00:15:10,239 --> 00:15:08,089

phenomenology what that's all about and

365

00:15:12,699 --> 00:15:10,249

you go study that and you know you look

366

00:15:15,759 --> 00:15:12,709

the best you can at what it means to

367

00:15:18,400 --> 00:15:15,769

become awakened or enlightening again

368

00:15:19,929 --> 00:15:18,410

same thing yes it's a great

369

00:15:22,650 --> 00:15:19,939

transformation wouldn't change it for

370

00:15:26,769 --> 00:15:22,660

anything in the world also leads to

371

00:15:28,900 --> 00:15:26,779

increased divorce higher rates of you

372

00:15:30,789 --> 00:15:28,910

know major upheaval in your

373

00:15:32,289 --> 00:15:30,799

interpersonal relationships and stuff

374

00:15:33,340 --> 00:15:32,299

like that so here we're talking about

375

00:15:35,560 --> 00:15:33,350

people who are

376

00:15:37,420 --> 00:15:35,570

just going through a different kind of

377

00:15:40,570 --> 00:15:37,430

awakening but we're saying the same

378

00:15:44,440 --> 00:15:40,580

thing so let's tackle that for a minute

379

00:15:46,240 --> 00:15:44,450

particularly with well I understand what

380

00:15:49,090 --> 00:15:46,250

you're saying about turning on the

381

00:15:53,350 --> 00:15:49,100

medical community to this the flipside

382

00:15:56,740 --> 00:15:53,360

is is that really a viable path because

383

00:15:58,690 --> 00:15:56,750

they are so engrained with the thinking

384

00:16:00,610 --> 00:15:58,700

and that was really the point of what I

385

00:16:03,400 --> 00:16:00,620

had up on the screen of the xanax thing

386

00:16:07,410 --> 00:16:03,410

you know I mean this is a xanax world

387

00:16:10,540 --> 00:16:07,420

where xanax is like the most popular

388

00:16:12,910 --> 00:16:10,550

party drug at college right and kids are

389

00:16:16,540 --> 00:16:12,920

doing zani all the time right and we

390

00:16:19,000 --> 00:16:16,550

have a pharmaceutical industrial complex

391

00:16:21,190 --> 00:16:19,010

that cranks that stuff out they know

392

00:16:23,770 --> 00:16:21,200

they're selling a hundred times more

393

00:16:25,210 --> 00:16:23,780

xanax than anyone in the world would

394

00:16:27,250 --> 00:16:25,220

need unless they're using for

395

00:16:29,380 --> 00:16:27,260

recreational purposes and they don't

396

00:16:31,090 --> 00:16:29,390

care and the whole system is built

397

00:16:33,340 --> 00:16:31,100

around that model and I don't want to

398

00:16:35,770 --> 00:16:33,350

get super conspiratorial other than to

399

00:16:38,500 --> 00:16:35,780

say is that really where we want to turn

400

00:16:40,540 --> 00:16:38,510

for help and I guess we could argue that

401
00:16:42,130 --> 00:16:40,550
where else are we gonna go because

402
00:16:44,920 --> 00:16:42,140
people need help and they're gonna go

403
00:16:48,820 --> 00:16:44,930
see their doctor but boy it's just a

404
00:16:50,950 --> 00:16:48,830
tough road yeah yeah so much there's so

405
00:16:54,070 --> 00:16:50,960
much there it's that's one critical

406
00:16:56,290 --> 00:16:54,080
aspect to this whole phenomenon we don't

407
00:16:57,880 --> 00:16:56,300
even understand the essence of the

408
00:17:00,340 --> 00:16:57,890
different types of phenomena we are

409
00:17:03,310 --> 00:17:00,350
addressing let alone consciousness in

410
00:17:05,650 --> 00:17:03,320
order to try to make sense of what is

411
00:17:07,900 --> 00:17:05,660
reality people actually having these

412
00:17:09,280 --> 00:17:07,910
experiencing and his consciousness to

413
00:17:11,710 --> 00:17:09,290

think the different than the brain it

414

00:17:14,350 --> 00:17:11,720

all ties into into these bigger issues

415

00:17:17,410 --> 00:17:14,360

that we all bring to the table on a

416

00:17:19,750 --> 00:17:17,420

daily basis is this all there is what my

417

00:17:22,240 --> 00:17:19,760

senses tell me and if I pierce the veil

418

00:17:23,530 --> 00:17:22,250

if I have an extraordinary experience if

419

00:17:25,840 --> 00:17:23,540

I have an altered state of consciousness

420

00:17:30,130 --> 00:17:25,850

that is so distinctly different joyous

421

00:17:33,130 --> 00:17:30,140

positive as so I feel right then however

422

00:17:35,500 --> 00:17:33,140

do I have so many conflicts in my my

423

00:17:37,360 --> 00:17:35,510

life thereafter like life you mentioned

424

00:17:39,730 --> 00:17:37,370

a high divorce rate that is quite true

425

00:17:41,530 --> 00:17:39,740

three-quarters of those have NDE have

426

00:17:43,570 --> 00:17:41,540

intercourse with the first five five or

427

00:17:46,240 --> 00:17:43,580

ten years after the experience it does

428

00:17:47,020 --> 00:17:46,250

result in interpersonal relationship

429

00:17:49,300 --> 00:17:47,030

problems

430

00:17:51,760 --> 00:17:49,310

here again big deal if they say they're

431

00:17:54,820 --> 00:17:51,770

spiritually awakened you know why all

432

00:17:56,920 --> 00:17:54,830

the crises on the homefront there is a

433

00:17:58,990 --> 00:17:56,930

disparity here maybe and the medical

434

00:18:00,520 --> 00:17:59,000

community regards to these individuals

435

00:18:03,490 --> 00:18:00,530

for the most part it's having a form of

436

00:18:04,660 --> 00:18:03,500

psychosis another issue so not only do

437

00:18:06,640 --> 00:18:04,670

we need to manage it we have to

438

00:18:09,610 --> 00:18:06,650

understand what we are managing their

439

00:18:13,030 --> 00:18:09,620

symptoms that were facilitated by some

440

00:18:15,070 --> 00:18:13,040

type of perceptual experiential

441

00:18:16,960 --> 00:18:15,080

interaction with something which

442

00:18:19,390 --> 00:18:16,970

includes all of the things that we're

443

00:18:21,190 --> 00:18:19,400

talking about which includes it the

444

00:18:22,930 --> 00:18:21,200

silvery disk in the sky and the greys

445

00:18:25,090 --> 00:18:22,940

and the reptilians coming into people's

446

00:18:26,500 --> 00:18:25,100

rooms and people have no ease and they

447

00:18:28,660 --> 00:18:26,510

say they're interacting with deceased

448

00:18:31,330 --> 00:18:28,670

relatives and only deceased relatives or

449

00:18:33,880 --> 00:18:31,340

supreme beings what people are saying

450

00:18:36,160 --> 00:18:33,890

I knew my friend had died even though I

451

00:18:37,840 --> 00:18:36,170

didn't know if he or she was sick more

452

00:18:40,000 --> 00:18:37,850

common in twins but nevertheless a

453

00:18:41,860 --> 00:18:40,010

shared deaf experience that I had this

454

00:18:44,950 --> 00:18:41,870

overwhelming sense of knowingness that

455

00:18:46,270 --> 00:18:44,960

that someone had died of ESP which in my

456

00:18:48,850 --> 00:18:46,280

mind is real I don't want to hear

457

00:18:50,950 --> 00:18:48,860

otherwise subtle effects very subtle but

458

00:18:54,190 --> 00:18:50,960

it is real and then the psychoactive

459

00:18:56,740 --> 00:18:54,200

drug - DMT psilocybin just in an online

460

00:18:59,140 --> 00:18:56,750

survey at John Hopkins University over

461

00:19:01,690 --> 00:18:59,150

3,000 individuals the core of them were

462

00:19:04,990 --> 00:19:01,700

atheists after ingesting psilocybin

463

00:19:08,440 --> 00:19:05,000

about half of them became believers in

464

00:19:10,150 --> 00:19:08,450

some Supreme Being the point is it has

465

00:19:13,230 --> 00:19:10,160

to be a profound of an end to alter

466

00:19:16,330 --> 00:19:13,240

one's religious profile in a sense

467

00:19:17,410 --> 00:19:16,340

spirituality to that magnitude and you

468

00:19:19,150 --> 00:19:17,420

know let me just put an exclamation

469

00:19:21,130 --> 00:19:19,160

point on that I love that you brought

470

00:19:22,660 --> 00:19:21,140

that up because I heard that and when

471

00:19:25,060 --> 00:19:22,670

you're in a ghazal didn't have addenda

472

00:19:28,660 --> 00:19:25,070

no it's a phenomenal point because I

473

00:19:30,940 --> 00:19:28,670

would just relate it to like dr. Jeffrey

474

00:19:32,650 --> 00:19:30,950

Martens finding on the awakening

475

00:19:35,950 --> 00:19:32,660

enlightenment thing in case people don't

476

00:19:40,960 --> 00:19:35,960

know the point you just made is like

477

00:19:43,000 --> 00:19:40,970

rock solid in terms of evidential in the

478

00:19:45,280 --> 00:19:43,010

psychology community people do not

479

00:19:47,980 --> 00:19:45,290

change those beliefs the number of

480

00:19:50,050 --> 00:19:47,990

people who just don't have any kind of

481

00:19:51,370 --> 00:19:50,060

peak experience and yet fundamentally

482

00:19:54,220 --> 00:19:51,380

change their beliefs in that way is

483

00:19:57,180 --> 00:19:54,230

really really really low so the fact

484

00:20:00,610 --> 00:19:57,190

that it would be that high is super

485

00:20:02,350 --> 00:20:00,620

significant in is a major pointer that

486

00:20:03,940 --> 00:20:02,360

thing is going on along the lines of

487

00:20:05,649 --> 00:20:03,950

what you're talking about so I'm really

488

00:20:08,019 --> 00:20:05,659

glad you brought that up right thank you

489

00:20:10,210 --> 00:20:08,029

and that you're aware of that so many of

490

00:20:12,039 --> 00:20:10,220

you your listeners are then that's only

491

00:20:14,860 --> 00:20:12,049

the effects of civil side and similar

492

00:20:18,490 --> 00:20:14,870

outcomes occur from the Andes as we

493

00:20:20,860 --> 00:20:18,500

mentioned that among others so don't why

494

00:20:24,130 --> 00:20:20,870

what does trigger it is it obviously

495

00:20:27,940 --> 00:20:24,140

just a brain event or is it an aspect of

496

00:20:30,190 --> 00:20:27,950

you so I can't help but not consider

497

00:20:33,370 --> 00:20:30,200

that possibility and I don't have an

498

00:20:34,740 --> 00:20:33,380

answer I don't know if people are

499

00:20:37,930 --> 00:20:34,750

actually interacting with another

500

00:20:39,580 --> 00:20:37,940

reality another dimension that is in our

501
00:20:41,529 --> 00:20:39,590
time and space with a different fruit

502
00:20:44,110 --> 00:20:41,539
phase and are interacting with beings

503
00:20:47,649 --> 00:20:44,120
but we but again we have millions of

504
00:20:50,560 --> 00:20:47,659
stories this is all anecdotal primarily

505
00:20:53,710 --> 00:20:50,570
it doesn't match with current scientific

506
00:20:56,080 --> 00:20:53,720
laws as we all know you have to be

507
00:20:58,600 --> 00:20:56,090
careful to be talked to to about this

508
00:21:00,070 --> 00:20:58,610
right it doesn't get enough attention in

509
00:21:02,409 --> 00:21:00,080
terms of research on the part of the

510
00:21:05,560 --> 00:21:02,419
scientific community we're grasping at

511
00:21:07,600 --> 00:21:05,570
straws we very few studies have done in

512
00:21:10,060 --> 00:21:07,610
this arena one the critical study that I

513
00:21:12,190 --> 00:21:10,070

just became familiar with Alex was was

514

00:21:14,470 --> 00:21:12,200

looking at the semantic content of

515

00:21:16,539 --> 00:21:14,480

individuals who have an NDE and

516

00:21:18,850 --> 00:21:16,549

contrasted with those who had a

517

00:21:20,919 --> 00:21:18,860

psychoactive effect from DMT

518

00:21:23,919 --> 00:21:20,929

dimethyltryptamine ayahuasca the

519

00:21:26,350 --> 00:21:23,929

similarities were astonishing pointed to

520

00:21:28,389 --> 00:21:26,360

the fact that obviously these two kind

521

00:21:31,389 --> 00:21:28,399

of peaking triggers are similar in terms

522

00:21:33,549 --> 00:21:31,399

of the experiential perspective Bob

523

00:21:35,260 --> 00:21:33,559

that's fascinating and I'd like to hear

524

00:21:37,320 --> 00:21:35,270

more about that do you kind of remember

525

00:21:39,700 --> 00:21:37,330

off the top of your head the the

526

00:21:41,470 --> 00:21:39,710

methodology how they did the the

527

00:21:44,139 --> 00:21:41,480

language kind of parsing you were

528

00:21:45,639 --> 00:21:44,149

obviously pretty impressed by it and how

529

00:21:49,389 --> 00:21:45,649

that kind of played out I'd love to hear

530

00:21:52,680 --> 00:21:49,399

more about that if I am familiar with it

531

00:21:55,690 --> 00:21:52,690

I don't have all the details at hand

532

00:21:57,130 --> 00:21:55,700

look Alex invite me back that alone

533

00:21:59,049 --> 00:21:57,140

among a few other studies there's

534

00:22:04,029 --> 00:21:59,059

another show I'll tell you the truth but

535

00:22:06,220 --> 00:22:04,039

that study was comparable to only a few

536

00:22:08,580 --> 00:22:06,230

other studies like meditators who

537

00:22:11,980 --> 00:22:08,590

achieve that non-dual state of awareness

538

00:22:14,070 --> 00:22:11,990

there again semantic content of the

539

00:22:16,340 --> 00:22:14,080

essence of the experience was

540

00:22:19,110 --> 00:22:16,350

comparable to those who have Indies

541

00:22:21,210 --> 00:22:19,120

palpable to those who have the DMT

542

00:22:23,310 --> 00:22:21,220

experience the point is there is overlap

543

00:22:24,810 --> 00:22:23,320

and even those were the UAP experience

544

00:22:26,580 --> 00:22:24,820

that they seem to have some altered

545

00:22:28,680 --> 00:22:26,590

state of consciousness that parallels to

546

00:22:30,560 --> 00:22:28,690

some extent unique differences no doubt

547

00:22:32,669 --> 00:22:30,570

among all these but there are sufficient

548

00:22:34,710 --> 00:22:32,679

similarities in terms of author state of

549

00:22:37,139 --> 00:22:34,720

consciousness and transformative aspects

550

00:22:39,450 --> 00:22:37,149

of behavior going forward that can't be

551
00:22:41,340 --> 00:22:39,460
ignored the point is is it a brain event

552
00:22:43,799 --> 00:22:41,350
somebody accessing hijacking our

553
00:22:46,019 --> 00:22:43,809
consciousness does it prove that that we

554
00:22:48,629 --> 00:22:46,029
are interacting with some alternative

555
00:22:51,720 --> 00:22:48,639
reality and the profound magnitude of

556
00:22:54,299 --> 00:22:51,730
that event emotional and physical and

557
00:22:55,980 --> 00:22:54,309
non-physical is beyond belief to the

558
00:22:58,350 --> 00:22:55,990
point where it does have a transforming

559
00:23:00,409 --> 00:22:58,360
effect it seems to result in that ego

560
00:23:03,090 --> 00:23:00,419
dissolution and an inability an

561
00:23:05,549 --> 00:23:03,100
individual's ability to distinguish

562
00:23:07,500 --> 00:23:05,559
internal from external reality so they

563
00:23:10,110 --> 00:23:07,510

have an absence of time and space in

564

00:23:12,960 --> 00:23:10,120

other words they have an if about in joy

565

00:23:14,940 --> 00:23:12,970

and peace if you love unconditional we

566

00:23:17,039 --> 00:23:14,950

know it we've heard it before there are

567

00:23:20,039 --> 00:23:17,049

more critical questions at hand that

568

00:23:22,710 --> 00:23:20,049

must be asked you know what is true

569

00:23:24,930 --> 00:23:22,720

reality and if you ask the materialist

570

00:23:26,580 --> 00:23:24,940

mindset now we know that's what what you

571

00:23:28,649 --> 00:23:26,590

see is what you get it's sensory

572

00:23:31,710 --> 00:23:28,659

information photons bouncing off

573

00:23:34,080 --> 00:23:31,720

physical objects after coming here from

574

00:23:36,659 --> 00:23:34,090

14 billion years ago when that's from

575

00:23:39,110 --> 00:23:36,669

the Big Bang okay it simulates my retina

576
00:23:42,629 --> 00:23:39,120
converted to electromagnetic energy I

577
00:23:46,009 --> 00:23:42,639
proceeded it's real it's all or none yes

578
00:23:48,120 --> 00:23:46,019
or no that's reality a true reality or

579
00:23:50,310 --> 00:23:48,130
how about millions of people who are

580
00:23:52,049 --> 00:23:50,320
saying similar things saying that they

581
00:23:54,810 --> 00:23:52,059
are interacting with the deceased saying

582
00:23:56,669 --> 00:23:54,820
that they experience the beauty that

583
00:23:58,620 --> 00:23:56,679
can't be put into words unconditional

584
00:23:59,399 --> 00:23:58,630
love that cannot be expressed to capture

585
00:24:00,960 --> 00:23:59,409
the moment

586
00:24:04,590 --> 00:24:00,970
they don't even want to return to their

587
00:24:08,549 --> 00:24:04,600
body in the e case what about all the

588
00:24:11,039 --> 00:24:08,559

other aspects details of their

589

00:24:13,200 --> 00:24:11,049

perceptual experience when they have

590

00:24:15,480 --> 00:24:13,210

these events in their lives that change

591

00:24:17,190 --> 00:24:15,490

them the point is this is that another

592

00:24:20,639 --> 00:24:17,200

aspect of reality should that be

593

00:24:24,269 --> 00:24:20,649

regarded in other words by materialist

594

00:24:27,869 --> 00:24:24,279

as another reality well you can make a

595

00:24:30,449 --> 00:24:27,879

case for realism a paradigm shift to

596

00:24:32,279 --> 00:24:30,459

I'll start to consider the subjective

597

00:24:34,409 --> 00:24:32,289

experience a heck of a lot more than it

598

00:24:37,499 --> 00:24:34,419

is on the part of the science of the

599

00:24:39,779 --> 00:24:37,509

community it has to be quantified it has

600

00:24:41,789 --> 00:24:39,789

to follow the scientific method it has

601
00:24:44,189 --> 00:24:41,799
to be specifically analyzed well maybe

602
00:24:46,169 --> 00:24:44,199
not maybe not everything should be maybe

603
00:24:47,699 --> 00:24:46,179
this phenomena this altered state of

604
00:24:50,579 --> 00:24:47,709
consciousness it's an extraordinary

605
00:24:52,199 --> 00:24:50,589
thing we don't understand a bit of it I

606
00:24:53,609 --> 00:24:52,209
can see here tell you some neurologic

607
00:24:55,559 --> 00:24:53,619
stuff that goes on in the brain

608
00:24:57,599 --> 00:24:55,569
you know the default mode network is now

609
00:24:59,969 --> 00:24:57,609
operational and that nice apps over the

610
00:25:02,249 --> 00:24:59,979
foundation to all of this I don't know

611
00:25:05,519 --> 00:25:02,259
it's a good guess at best you know you

612
00:25:08,969 --> 00:25:05,529
said something either I read it in your

613
00:25:11,039 --> 00:25:08,979

latest book unseen forces or I heard it

614

00:25:12,209 --> 00:25:11,049

on one of the excellent interviews

615

00:25:13,589 --> 00:25:12,219

you've done you've done some great

616

00:25:15,599 --> 00:25:13,599

interviews and people can check those

617

00:25:17,969 --> 00:25:15,609

out and Mabel fried some links to other

618

00:25:19,199 --> 00:25:17,979

other interviews in the notes because we

619

00:25:22,069 --> 00:25:19,209

are kind of jumping in the middle of

620

00:25:26,069 --> 00:25:22,079

things here but you said peak

621

00:25:28,079 --> 00:25:26,079

experiences relate to needing an entity

622

00:25:29,759 --> 00:25:28,089

right so I wanted to explore that

623

00:25:33,479 --> 00:25:29,769

because I thought that was kind of a

624

00:25:36,869 --> 00:25:33,489

cool idea is that these people

625

00:25:39,719 --> 00:25:36,879

invariably are talking about having an

626

00:25:42,329 --> 00:25:39,729

experience with an entity and I love

627

00:25:43,919 --> 00:25:42,339

where that takes us because it takes us

628

00:25:45,749 --> 00:25:43,929

in a couple different ways you know we

629

00:25:49,439 --> 00:25:45,759

all understand the abduction thing oh

630

00:25:51,989 --> 00:25:49,449

the entity is a gray on a ship but in

631

00:25:54,409 --> 00:25:51,999

the end EE the entity is different

632

00:25:57,089 --> 00:25:54,419

sometimes it's just a spirit light

633

00:25:58,739 --> 00:25:57,099

sometimes it's God sometimes it's Jesus

634

00:26:00,599 --> 00:25:58,749

and Jesus tells you to come up and feel

635

00:26:03,269 --> 00:26:00,609

his hand where he was nailed to the

636

00:26:05,789 --> 00:26:03,279

cross kind of thing so but then we can

637

00:26:08,369 --> 00:26:05,799

also again jump over to the shamanic

638

00:26:11,609 --> 00:26:08,379

experience or the DMT experience and

639

00:26:13,169 --> 00:26:11,619

there's another entity but yours was the

640

00:26:18,269 --> 00:26:13,179

first case and it made me think

641

00:26:21,629 --> 00:26:18,279

differently of peak experiences equals

642

00:26:24,569 --> 00:26:21,639

meeting an entity can you elaborate on

643

00:26:31,169 --> 00:26:24,579

that a little bit I like that a plus B

644

00:26:33,959 --> 00:26:31,179

equals C then you know you can make a

645

00:26:37,049 --> 00:26:33,969

case not only for entities being a one

646

00:26:41,129 --> 00:26:37,059

similarity among the graves with the uip

647

00:26:41,580 --> 00:26:41,139

deceased relatives in the NVE elementals

648

00:26:44,070 --> 00:26:41,590

little

649

00:26:45,870 --> 00:26:44,080

fusions for the psychédélices there is

650

00:26:47,880 --> 00:26:45,880

this interaction is it based on wishful

651

00:26:49,769 --> 00:26:47,890

thinking is it also does it come from

652

00:26:52,260 --> 00:26:49,779

the unconscious in terms of oh forget it

653

00:26:54,539 --> 00:26:52,270

let's get way past that way past that

654

00:26:56,279 --> 00:26:54,549

because here is part two of that

655

00:26:57,750 --> 00:26:56,289

question that's really interesting to me

656

00:27:00,450 --> 00:26:57,760

because I'm going to definitely drive

657

00:27:03,720 --> 00:27:00,460

you past that stuff and that is are we

658

00:27:07,710 --> 00:27:03,730

at a point where we can start making

659

00:27:11,370 --> 00:27:07,720

some educated guesses of the structure

660

00:27:13,590 --> 00:27:11,380

and the architecture that those entities

661

00:27:15,330 --> 00:27:13,600

are in I mean you know here's the

662

00:27:19,080 --> 00:27:15,340

question I always kind of cut to the

663

00:27:20,970 --> 00:27:19,090

chase does ET have an NDE who does ET

664

00:27:22,320 --> 00:27:20,980

pray to you know and and I'd say that

665

00:27:24,120 --> 00:27:22,330

just to be provocative you know that

666

00:27:26,039 --> 00:27:24,130

wasn't a question I would really ask you

667

00:27:27,840 --> 00:27:26,049

Bob but you know it just kind of sets

668

00:27:30,299 --> 00:27:27,850

people spinning could we say at this

669

00:27:33,510 --> 00:27:30,309

point that you know oh the reptilians

670

00:27:36,169 --> 00:27:33,520

are bad so on this spiritual development

671

00:27:38,549 --> 00:27:36,179

scale if we put it at one to ten

672

00:27:41,159 --> 00:27:38,559

reptilians are off they can be anywhere

673

00:27:43,080 --> 00:27:41,169

from a five to an eight or a two to an

674

00:27:44,880 --> 00:27:43,090

eight human beings can be like a three

675

00:27:47,010 --> 00:27:44,890

to a nine you know and then up at the

676
00:27:49,380 --> 00:27:47,020
top is the Godhead kind of thing I mean

677
00:27:52,049 --> 00:27:49,390
this is eventually I think where people

678
00:27:55,200 --> 00:27:52,059
are wanting to go in terms of mapping

679
00:27:58,049 --> 00:27:55,210
the extended Rome and mapping the

680
00:28:01,110 --> 00:27:58,059
entities that are in that realm and how

681
00:28:03,090 --> 00:28:01,120
close are we to start being able to say

682
00:28:04,860 --> 00:28:03,100
those kind of things they do add a

683
00:28:07,430 --> 00:28:04,870
little bit more meaning to this you know

684
00:28:09,750 --> 00:28:07,440
if we had the answer to that question

685
00:28:11,909 --> 00:28:09,760
and many people consider that they do

686
00:28:14,610 --> 00:28:11,919
and all I have to say is that their ego

687
00:28:16,560 --> 00:28:14,620
ism is showing when they do with fierce

688
00:28:18,960 --> 00:28:16,570

determination that they do as far as I'm

689

00:28:20,970 --> 00:28:18,970

concerned no one knows the answer like

690

00:28:22,440 --> 00:28:20,980

that we're even close to the answer we

691

00:28:24,419 --> 00:28:22,450

probably don't even asking the right

692

00:28:27,720 --> 00:28:24,429

questions and if we weren't there in the

693

00:28:29,639 --> 00:28:27,730

answer we couldn't even understand it so

694

00:28:31,470 --> 00:28:29,649

it's almost like consciousness talking

695

00:28:32,820 --> 00:28:31,480

about consciousness trying to define

696

00:28:36,029 --> 00:28:32,830

consciousness with your consciousness

697

00:28:38,820 --> 00:28:36,039

that's the greatest paradox of all we're

698

00:28:40,620 --> 00:28:38,830

trying to define this issue of non-human

699

00:28:43,649 --> 00:28:40,630

entities in all their various shapes

700

00:28:45,450 --> 00:28:43,659

sizes of bizarre types of interactions

701
00:28:47,610 --> 00:28:45,460
that people have reported we've been

702
00:28:49,649 --> 00:28:47,620
reported for eons said that the dwarfs

703
00:28:51,840 --> 00:28:49,659
and the elves of folklore and the Bible

704
00:28:53,710 --> 00:28:51,850
are now possibly the greys or billions

705
00:28:55,930 --> 00:28:53,720
of today

706
00:28:58,169 --> 00:28:55,940
you can't ignore the archetype structure

707
00:29:02,560 --> 00:28:58,179
as young would refer to it as possibly

708
00:29:06,190 --> 00:29:02,570
and the evolution of these entities over

709
00:29:07,930 --> 00:29:06,200
time that's consistent with this cycle

710
00:29:10,180 --> 00:29:07,940
cultural sociological norms

711
00:29:12,639 --> 00:29:10,190
anthropological norms is Papers written

712
00:29:14,499 --> 00:29:12,649
on that I don't have the answer I'm just

713
00:29:16,539 --> 00:29:14,509

throwing it out there I don't have the

714

00:29:18,610 --> 00:29:16,549

answer to anything here let me say that

715

00:29:20,889 --> 00:29:18,620

up front I'm trying to synthesize and

716

00:29:23,080 --> 00:29:20,899

integrate a massive overwhelming amount

717

00:29:25,060 --> 00:29:23,090

of information as best as I possibly can

718

00:29:26,860 --> 00:29:25,070

it may be completely off base and it

719

00:29:29,409 --> 00:29:26,870

just brings me to the peak experience as

720

00:29:31,210 --> 00:29:29,419

a foundation and you haven't all these

721

00:29:32,860 --> 00:29:31,220

little spokes going off and then more

722

00:29:35,169 --> 00:29:32,870

spoke but I think that I think it's been

723

00:29:37,060 --> 00:29:35,179

you also stated consciousness and the

724

00:29:38,680 --> 00:29:37,070

various things that give rise to all the

725

00:29:41,139 --> 00:29:38,690

state of consciousness and the

726
00:29:43,210 --> 00:29:41,149
associated semantic perceptual context

727
00:29:45,399 --> 00:29:43,220
of the experience the interaction of

728
00:29:48,970 --> 00:29:45,409
beings as they say your bullets shapes

729
00:29:51,970 --> 00:29:48,980
sizes etc it's boggles the mind

730
00:29:53,560 --> 00:29:51,980
how many varying types of you know

731
00:29:55,419 --> 00:29:53,570
experiences we're talking about they

732
00:29:57,100 --> 00:29:55,429
share common themes and there's a long

733
00:29:59,980 --> 00:29:57,110
list of things and why the medical

734
00:30:01,840 --> 00:29:59,990
scientific and non-scientific community

735
00:30:04,509 --> 00:30:01,850
doesn't allocate much more attention to

736
00:30:06,490 --> 00:30:04,519
to this critical issue is it's something

737
00:30:08,619 --> 00:30:06,500
that has troubled me but I always

738
00:30:10,570 --> 00:30:08,629

wrestle not only with the issue that

739

00:30:12,490 --> 00:30:10,580

I've had that led to writing these three

740

00:30:14,590 --> 00:30:12,500

books including the experience I had but

741

00:30:17,080 --> 00:30:14,600

look to the unseen forces recently I

742

00:30:18,310 --> 00:30:17,090

questioned it daily I questioned reality

743

00:30:20,850 --> 00:30:18,320

they're like not from a psychotic

744

00:30:23,080 --> 00:30:20,860

perspective at least I hope not

745

00:30:26,080 --> 00:30:23,090

you know oh I totally know what you mean

746

00:30:28,450 --> 00:30:26,090

right yeah and we all want truth seekers

747

00:30:30,970 --> 00:30:28,460

you are obviously you know look at you

748

00:30:33,369 --> 00:30:30,980

and you listen secrets may be innate

749

00:30:36,519 --> 00:30:33,379

innate spirituality you know this

750

00:30:38,889 --> 00:30:36,529

probably transgenerational epigenetic

751

00:30:41,680 --> 00:30:38,899

inheritance can make a case for how we

752

00:30:43,810 --> 00:30:41,690

are a spiritual in nature like our

753

00:30:46,299 --> 00:30:43,820

ancestors were they had to be much more

754

00:30:49,480 --> 00:30:46,309

so I think to try to provide some

755

00:30:51,430 --> 00:30:49,490

comfort in terms of a crazy chaotic

756

00:30:53,799 --> 00:30:51,440

world of lightning strikes and thunder

757

00:30:55,600 --> 00:30:53,809

that had no meaning explanation so they

758

00:30:57,940 --> 00:30:55,610

were always looking to gods I think we

759

00:31:00,970 --> 00:30:57,950

got some of that genetic stuff and we're

760

00:31:03,759 --> 00:31:00,980

still asking questions in an appropriate

761

00:31:06,190 --> 00:31:03,769

way many going into religion many going

762

00:31:07,160 --> 00:31:06,200

into nothing atheism many going into

763

00:31:10,400 --> 00:31:07,170

maybe the jaw

764

00:31:12,200 --> 00:31:10,410

that we address and you can make a case

765

00:31:14,390 --> 00:31:12,210

for it being a house religion and of

766

00:31:17,060 --> 00:31:14,400

itself but it's turned into a circus

767

00:31:19,730 --> 00:31:17,070

it's turned into a business and that's

768

00:31:21,980 --> 00:31:19,740

okay that's okay it draws specific

769

00:31:24,110 --> 00:31:21,990

subsets of people that's okay

770

00:31:26,180 --> 00:31:24,120

maybe that however is another reality

771

00:31:28,310 --> 00:31:26,190

that we're missing the boat on that

772

00:31:30,260 --> 00:31:28,320

should coexist be given to more

773

00:31:32,240 --> 00:31:30,270

consideration by mainstream science I

774

00:31:34,160 --> 00:31:32,250

agree I just went up says that last

775

00:31:35,840 --> 00:31:34,170

point in terms of that's okay because I

776

00:31:38,660 --> 00:31:35,850

like the way you laid that out because

777

00:31:40,790 --> 00:31:38,670

it is true you know and people get into

778

00:31:42,590 --> 00:31:40,800

for example the UFO community and then

779

00:31:44,030 --> 00:31:42,600

people freak out you go tell your wife

780

00:31:47,870 --> 00:31:44,040

you go tell your friend and they're like

781

00:31:49,790 --> 00:31:47,880

oh hat and stuff like that and that

782

00:31:52,040 --> 00:31:49,800

still exists you know that's still hard

783

00:31:53,990 --> 00:31:52,050

to do and yet as you and I know there's

784

00:31:56,000 --> 00:31:54,000

a lot of really smart thinkers in the

785

00:31:57,530 --> 00:31:56,010

UFO community and there are some people

786

00:32:00,710 --> 00:31:57,540

who are seeking it for other reasons and

787

00:32:03,080 --> 00:32:00,720

like you said that's okay you know all

788

00:32:05,360 --> 00:32:03,090

these different tribes are okay and we

789

00:32:06,950 --> 00:32:05,370

can try and bring the tribes together in

790

00:32:10,520 --> 00:32:06,960

different ways and we probably should

791

00:32:13,580 --> 00:32:10,530

but it's natural given how they've been

792

00:32:16,310 --> 00:32:13,590

ostracized and systematically made to

793

00:32:18,830 --> 00:32:16,320

feel alone afraid isolated

794

00:32:20,720 --> 00:32:18,840

disinformation Missa for stats how it's

795

00:32:22,820 --> 00:32:20,730

going to be so that's a great point I

796

00:32:24,980 --> 00:32:22,830

want to try something else out I'm

797

00:32:27,260 --> 00:32:24,990

really interested in bouncing this idea

798

00:32:30,320 --> 00:32:27,270

off of you because you keep going in a

799

00:32:33,170 --> 00:32:30,330

slightly different direction and you may

800

00:32:35,510 --> 00:32:33,180

be right so I'm not saying this in terms

801
00:32:37,190 --> 00:32:35,520
of saying I know this is the answer or

802
00:32:39,350 --> 00:32:37,200
I'm not even sure how Eileen but I guess

803
00:32:42,140 --> 00:32:39,360
I put it out there before I say when I

804
00:32:43,490 --> 00:32:42,150
look at the Yogi's when I and I say yogi

805
00:32:45,890 --> 00:32:43,500
in the general term it could be a

806
00:32:47,960 --> 00:32:45,900
Christian mistake it could be a Zen

807
00:32:51,260 --> 00:32:47,970
Buddhist whatever when I look at those

808
00:32:54,980 --> 00:32:51,270
guys they seem to be saying something

809
00:32:58,070 --> 00:32:54,990
different about these extended realms

810
00:33:01,340 --> 00:32:58,080
than other people are saying they say

811
00:33:03,800 --> 00:33:01,350
things like capture the castle don't

812
00:33:05,750 --> 00:33:03,810
worry about the entities that you'll

813
00:33:07,700 --> 00:33:05,760

experience along the way the witches and

814

00:33:10,520 --> 00:33:07,710

the demons and all that just let all

815

00:33:12,470 --> 00:33:10,530

that go go deeper go deeper capture the

816

00:33:14,360 --> 00:33:12,480

castle saying there's something beyond

817

00:33:17,510 --> 00:33:14,370

all that and this is a middle ground you

818

00:33:19,340 --> 00:33:17,520

go talk to Yogananda you know the famous

819

00:33:20,780 --> 00:33:19,350

yogi used to live right up the road from

820

00:33:23,720 --> 00:33:20,790

me find the river

821

00:33:28,070 --> 00:33:23,730

of love and jump in and drowned yourself

822

00:33:31,520 --> 00:33:28,080

so they're saying that all this stuff

823

00:33:33,590 --> 00:33:31,530

that we're talking about is still in the

824

00:33:36,020 --> 00:33:33,600

middle you know what I mean it's still

825

00:33:39,260 --> 00:33:36,030

this middle ground and there's something

826

00:33:43,700 --> 00:33:39,270

else beyond it and I see threads of that

827

00:33:46,400 --> 00:33:43,710

in the NVE as well I see some people who

828

00:33:47,900 --> 00:33:46,410

go to the NDE space and they're in the

829

00:33:49,370 --> 00:33:47,910

middle and that's all they can handle

830

00:33:52,070 --> 00:33:49,380

they're in the middle hey you didn't do

831

00:33:53,810 --> 00:33:52,080

so good here's the fire if you like god

832

00:33:55,280 --> 00:33:53,820

you're gonna wind up here but then

833

00:33:57,980 --> 00:33:55,290

there's other people just you you

834

00:34:01,460 --> 00:33:57,990

transcend that and go way way further so

835

00:34:04,760 --> 00:34:01,470

I don't know if that's really a valid

836

00:34:06,830 --> 00:34:04,770

map or not but what concerns me and what

837

00:34:08,840 --> 00:34:06,840

I think you and I Bob could have an

838

00:34:11,240 --> 00:34:08,850

interesting talk about is if there's

839

00:34:13,340 --> 00:34:11,250

some truth to that map that paints this

840

00:34:18,340 --> 00:34:13,350

whole thing we're talking about quite

841

00:34:21,350 --> 00:34:18,350

differently do you have any thoughts a

842

00:34:25,250 --> 00:34:21,360

question boy it requires a heck of a lot

843

00:34:27,860 --> 00:34:25,260

more time to explain and it could be how

844

00:34:30,950 --> 00:34:27,870

we are evolving in terms of human

845

00:34:32,930 --> 00:34:30,960

potential with the Yogi's the people you

846

00:34:35,330 --> 00:34:32,940

refer to they seem to have a better

847

00:34:37,850 --> 00:34:35,340

grasp a handle on that expanded

848

00:34:40,700 --> 00:34:37,860

consciousness on spiritual awakening I'm

849

00:34:42,470 --> 00:34:40,710

interacting with these beings going

850

00:34:44,930 --> 00:34:42,480

beyond that getting out capturing the

851

00:34:49,190 --> 00:34:44,940

castle's finding the river it's a

852

00:34:51,860 --> 00:34:49,200

trajectory of love we have it today you

853

00:34:54,260 --> 00:34:51,870

know from some event in India Nobby Eva

854

00:34:56,600 --> 00:34:54,270

Kundalini and it's triggered just like

855

00:34:58,400 --> 00:34:56,610

that as an all-or-none spontaneous event

856

00:35:01,720 --> 00:34:58,410

which is hot impossible to study

857

00:35:03,970 --> 00:35:01,730

obviously for that reason alone in part

858

00:35:07,180 --> 00:35:03,980

but these individuals have been

859

00:35:10,430 --> 00:35:07,190

practicing with some form of yoga

860

00:35:13,220 --> 00:35:10,440

mind-body stuff for what then you use

861

00:35:15,080 --> 00:35:13,230

obviously decades they get good at we

862

00:35:17,060 --> 00:35:15,090

can learn from them possibly they are

863

00:35:18,860 --> 00:35:17,070

demonstrating to us an aspect of human

864

00:35:21,110 --> 00:35:18,870

potential that anybody can have on the

865

00:35:22,760 --> 00:35:21,120

right cultivating kind of conditions

866

00:35:24,800 --> 00:35:22,770

instead of we're trying to remember the

867

00:35:25,940 --> 00:35:24,810

day of the year America was discovered

868

00:35:27,560 --> 00:35:25,950

let's have it

869

00:35:31,190 --> 00:35:27,570

you know let's focus a little bit more

870

00:35:32,630 --> 00:35:31,200

on really maybe enhancing our potential

871

00:35:34,279 --> 00:35:32,640

abilities at

872

00:35:36,170 --> 00:35:34,289

and maybe the brain is impeding these

873

00:35:38,000 --> 00:35:36,180

abilities you know maybe maybe it's now

874

00:35:40,549 --> 00:35:38,010

in full-blown and we're kind of hostage

875

00:35:42,440 --> 00:35:40,559

to it you can make a case for that and

876

00:35:45,019 --> 00:35:42,450

it was kind of symbiotic with the brain

877

00:35:47,390 --> 00:35:45,029

but and they win you know I'm in my 60s

878

00:35:49,789 --> 00:35:47,400

I can't do very much of the brain now

879

00:35:52,880 --> 00:35:49,799

maybe I could have we offered up as

880

00:35:55,160 --> 00:35:52,890

children I think I see where you're

881

00:35:57,079 --> 00:35:55,170

going and there's many ways to address

882

00:36:00,529 --> 00:35:57,089

it and that was expressed beautifully

883

00:36:02,960 --> 00:36:00,539

Alex but that is what we need to look at

884

00:36:05,029 --> 00:36:02,970

you know the little nuance within the

885

00:36:07,069 --> 00:36:05,039

phenomenon we have these people but we

886

00:36:08,779 --> 00:36:07,079

have these people and we can learn from

887

00:36:11,480 --> 00:36:08,789

it yes I think so

888

00:36:13,309 --> 00:36:11,490

you know Bob when I was first coming

889

00:36:17,539 --> 00:36:13,319

across your story which is just

890

00:36:20,059 --> 00:36:17,549

remarkable and it has you know elements

891

00:36:22,940 --> 00:36:20,069

of it that you hear over and over again

892

00:36:26,120 --> 00:36:22,950

and as I introduced it I said you know

893

00:36:29,779 --> 00:36:26,130

the universe knocked have you given any

894

00:36:32,420 --> 00:36:29,789

thought to that from this spiritual path

895

00:36:35,240 --> 00:36:32,430

the soul path kind of thing do you have

896

00:36:38,930 --> 00:36:35,250

any inkling as to why you were led in

897

00:36:41,210 --> 00:36:38,940

this way and in particular in this order

898

00:36:43,490 --> 00:36:41,220

you know the UFOs then the near-death

899

00:36:45,620 --> 00:36:43,500

and the good doing I mean it's like a

900

00:36:48,279 --> 00:36:45,630

Hollywood script you know it's a

901
00:36:50,630 --> 00:36:48,289
obviously I'm gonna use it word

902
00:36:53,480 --> 00:36:50,640
involving process that goes with that

903
00:36:57,829 --> 00:36:53,490
same you know you might evolving in the

904
00:37:00,019 --> 00:36:57,839
right way or my deep for everybody else

905
00:37:02,569 --> 00:37:00,029
inside but I'm kind of having fun you

906
00:37:05,569 --> 00:37:02,579
know along the way it's a hobby and

907
00:37:07,549 --> 00:37:05,579
assignments you know it's that if anyone

908
00:37:09,980 --> 00:37:07,559
looks at these three books and the three

909
00:37:11,809 --> 00:37:09,990
extraordinary experiences I mean let's

910
00:37:14,749 --> 00:37:11,819
face it from a statistical standpoint

911
00:37:18,499 --> 00:37:14,759
you know you're a scientist you know the

912
00:37:21,049 --> 00:37:18,509
odds of you having an extended UFO

913
00:37:23,210 --> 00:37:21,059

experience five to seven minutes that's

914

00:37:25,759 --> 00:37:23,220

pretty long and to share that with your

915

00:37:27,950 --> 00:37:25,769

wife and to have it that vivid pretty

916

00:37:31,009 --> 00:37:27,960

rare not a lot of people do that then

917

00:37:34,009 --> 00:37:31,019

also to have this rather profound shared

918

00:37:37,249 --> 00:37:34,019

death experience again kind of rare then

919

00:37:38,960 --> 00:37:37,259

the Kundalini experience and the way

920

00:37:40,370 --> 00:37:38,970

that you describe it you know everyone

921

00:37:42,799 --> 00:37:40,380

else is in the room no one else has the

922

00:37:45,140 --> 00:37:42,809

Kundalini experience Bob does you know

923

00:37:46,250 --> 00:37:45,150

and Bob's writing books and Bob is a

924

00:37:48,770 --> 00:37:46,260

scientist we

925

00:37:51,710 --> 00:37:48,780

super well respected credentials I mean

926

00:37:57,740 --> 00:37:51,720

why is the universe knocking at Bob's

927

00:37:58,520 --> 00:37:57,750

door yesterday yeah but you know because

928

00:38:01,130 --> 00:37:58,530

I asked her

929

00:38:03,680 --> 00:38:01,140

it's my is my gut feeling I asked for it

930

00:38:06,950 --> 00:38:03,690

I had this strong intention and maybe

931

00:38:08,750 --> 00:38:06,960

it's all about intention long long time

932

00:38:09,380 --> 00:38:08,760

ago who says I was a child along these

933

00:38:10,700 --> 00:38:09,390

lines

934

00:38:13,250 --> 00:38:10,710

knowing that there's something far

935

00:38:16,490 --> 00:38:13,260

greater far important far more to what

936

00:38:18,380 --> 00:38:16,500

we regard as true reality I was always

937

00:38:21,190 --> 00:38:18,390

asking for it always ask interested in

938

00:38:23,330 --> 00:38:21,200

UFOs consciousness the brain obviously

939

00:38:26,240 --> 00:38:23,340

what was that what were some of your

940

00:38:28,670 --> 00:38:26,250

first experiences because obviously you

941

00:38:30,560 --> 00:38:28,680

went down a very different path you must

942

00:38:32,360 --> 00:38:30,570

been a super smart guy to be as

943

00:38:33,860 --> 00:38:32,370

successful as you were academically so

944

00:38:35,690 --> 00:38:33,870

then that probably drove you away from

945

00:38:37,370 --> 00:38:35,700

some of that stuff what were some of

946

00:38:40,940 --> 00:38:37,380

those early experiences and what did you

947

00:38:43,400 --> 00:38:40,950

do with them Oh early experiences my

948

00:38:46,070 --> 00:38:43,410

first one was the UFO experience that

949

00:38:47,390 --> 00:38:46,080

was back in the only 2012 was almost

950

00:38:49,520 --> 00:38:47,400

like getting ready for a retirement

951
00:38:52,370 --> 00:38:49,530
let's get this guy going you know I do

952
00:38:56,840 --> 00:38:52,380
this to my wife I act as if there's

953
00:38:58,820 --> 00:38:56,850
puppet strings over my head not right

954
00:39:00,560 --> 00:38:58,830
so nothing before that because

955
00:39:02,720 --> 00:39:00,570
invariably when I talk to people and

956
00:39:05,300 --> 00:39:02,730
they think back and they think long and

957
00:39:07,520 --> 00:39:05,310
hard and they go well you know my

958
00:39:09,500 --> 00:39:07,530
grandmother was my grandmother was a

959
00:39:11,000 --> 00:39:09,510
psychic you know and she's but none of

960
00:39:12,530 --> 00:39:11,010
that stuff at all just kind of buried

961
00:39:16,180 --> 00:39:12,540
the nothing that right nothing that

962
00:39:19,160 --> 00:39:16,190
really piques my interest for memory but

963
00:39:21,530 --> 00:39:19,170

if you asked a roomful of people have

964

00:39:23,510 --> 00:39:21,540

you ever had X Y Z kind of experiences

965

00:39:25,250 --> 00:39:23,520

you can see hands go up this is not that

966

00:39:27,380 --> 00:39:25,260

uncommon maybe that maybe that these

967

00:39:29,330 --> 00:39:27,390

things are occurring within a relatively

968

00:39:31,730 --> 00:39:29,340

short time period make sure to be unique

969

00:39:33,350 --> 00:39:31,740

but I can't help but feel that

970

00:39:35,630 --> 00:39:33,360

something's going on here something's

971

00:39:37,880 --> 00:39:35,640

that play it could be me maybe I'm

972

00:39:41,780 --> 00:39:37,890

creating it it's like some people say

973

00:39:44,150 --> 00:39:41,790

UFOs are a form of psychokinesis they do

974

00:39:46,520 --> 00:39:44,160

mind generating it through some process

975

00:39:50,840 --> 00:39:46,530

we don't need to it to address but but

976

00:39:53,420 --> 00:39:50,850

that may be an aspect of pique here but

977

00:39:56,210 --> 00:39:53,430

I may be creating this because I wanted

978

00:39:58,940 --> 00:39:56,220

so much it manifests in varying ways who

979

00:40:00,110 --> 00:39:58,950

knows or there is simply another form of

980

00:40:02,150 --> 00:40:00,120

energy that one

981

00:40:04,540 --> 00:40:02,160

they be part of Einstein's unified field

982

00:40:06,620 --> 00:40:04,550

theory along with electromagnetism

983

00:40:10,880 --> 00:40:06,630

gravitational or two nuclear forces

984

00:40:13,310 --> 00:40:10,890

maybe that's a photon emissions from the

985

00:40:15,740 --> 00:40:13,320

body maybe are it's torsion waves as

986

00:40:18,320 --> 00:40:15,750

some people claim biologically generated

987

00:40:19,400 --> 00:40:18,330

in DNA you can go down that path it

988

00:40:21,020 --> 00:40:19,410

could be completely the right are

989

00:40:22,640 --> 00:40:21,030

completely wrong it may account for

990

00:40:24,350 --> 00:40:22,650

invisible pathways in terms of

991

00:40:27,530 --> 00:40:24,360

communication with people who have

992

00:40:30,200 --> 00:40:27,540

shared ESP and it's clear Telesur manic

993

00:40:33,410 --> 00:40:30,210

events between twins and fiber take ages

994

00:40:35,540 --> 00:40:33,420

that results in remarkable exchange of

995

00:40:38,150 --> 00:40:35,550

energy and outcomes in these two

996

00:40:40,400 --> 00:40:38,160

individuals that certainly defy current

997

00:40:42,890 --> 00:40:40,410

laws of science we see manifestations of

998

00:40:44,690 --> 00:40:42,900

this the war what is mediating that

999

00:40:47,570 --> 00:40:44,700

process and whatever that process

1000

00:40:49,640 --> 00:40:47,580

leading that process is I think we can

1001
00:40:51,800 --> 00:40:49,650
get some insight into terms of what may

1002
00:40:53,710 --> 00:40:51,810
be mediating many of the things that

1003
00:40:57,140 --> 00:40:53,720
we're talking about in terms of one's

1004
00:40:58,820 --> 00:40:57,150
perceptions of another reality along the

1005
00:41:00,290 --> 00:40:58,830
lines of the peak experiences that we're

1006
00:41:02,060 --> 00:41:00,300
talking about because in the business up

1007
00:41:04,010 --> 00:41:02,070
to the experience it's claimed to be

1008
00:41:06,140 --> 00:41:04,020
able to have telepathy people claim that

1009
00:41:08,180 --> 00:41:06,150
they can communicate with beings from a

1010
00:41:10,460 --> 00:41:08,190
ship you know

1011
00:41:13,160 --> 00:41:10,470
telepathically we hear that all the time

1012
00:41:14,540 --> 00:41:13,170
now is that again I'm not gonna say you

1013
00:41:16,430 --> 00:41:14,550

know wishful thinking I don't want to go

1014

00:41:20,150 --> 00:41:16,440

there either I don't give that much

1015

00:41:23,090 --> 00:41:20,160

thought I should say as a rationale for

1016

00:41:25,550 --> 00:41:23,100

this if I leaned in one direction it

1017

00:41:28,310 --> 00:41:25,560

would be in a non materialistic sense we

1018

00:41:30,740 --> 00:41:28,320

need that we need materialism but it's

1019

00:41:33,170 --> 00:41:30,750

over emphasized we need realism the

1020

00:41:34,790 --> 00:41:33,180

subjective experience and to take people

1021

00:41:36,800 --> 00:41:34,800

who have these experiences much more

1022

00:41:39,590 --> 00:41:36,810

seriously because it may hold the key to

1023

00:41:42,310 --> 00:41:39,600

what actually is maybe not maybe what

1024

00:41:45,380 --> 00:41:42,320

true reality is but an alternate reality

1025

00:41:47,990 --> 00:41:45,390

and it's more internal reality that is

1026

00:41:49,900 --> 00:41:48,000

real because it changes us it's an

1027

00:41:52,910 --> 00:41:49,910

experience beyond comprehension

1028

00:41:55,100 --> 00:41:52,920

expression and it changes me from that

1029

00:41:57,440 --> 00:41:55,110

day forward why can't that be reality

1030

00:42:00,350 --> 00:41:57,450

that sure as heck is more than than my

1031

00:42:02,570 --> 00:42:00,360

reality watching TV you know you know 10

1032

00:42:05,420 --> 00:42:02,580

hours a day and it may not be a

1033

00:42:07,550 --> 00:42:05,430

completely positive one either so the

1034

00:42:10,100 --> 00:42:07,560

point is that there's an aspect of human

1035

00:42:13,660 --> 00:42:10,110

performance potential of functioning

1036

00:42:15,880 --> 00:42:13,670

that exists in so many manifestations

1037

00:42:18,250 --> 00:42:15,890

give up the controversy if all of this

1038

00:42:20,230 --> 00:42:18,260

is real we persist in here it's real

1039

00:42:22,809 --> 00:42:20,240

yeah a certain percentage of people are

1040

00:42:25,720 --> 00:42:22,819

indeed psychotic let's weed them out as

1041

00:42:27,809 --> 00:42:25,730

best as possible who claim to have these

1042

00:42:30,490 --> 00:42:27,819

kinds of experiences but but we know

1043

00:42:32,710 --> 00:42:30,500

well-balanced individuals are having

1044

00:42:35,079 --> 00:42:32,720

these remarkable events from grace

1045

00:42:37,420 --> 00:42:35,089

sitting on their bed to seeing their

1046

00:42:40,029 --> 00:42:37,430

great-great-grandmother to accept etc

1047

00:42:42,549 --> 00:42:40,039

and and we have to understand that maybe

1048

00:42:44,500 --> 00:42:42,559

that can't be a brain event possibly

1049

00:42:46,630 --> 00:42:44,510

government by quantum processes which we

1050

00:42:48,849 --> 00:42:46,640

have yet to address and may very well

1051

00:42:52,420 --> 00:42:48,859

provide us with some understanding about

1052

00:42:54,819 --> 00:42:52,430

how the brain itself operates but it

1053

00:42:56,559 --> 00:42:54,829

interacts with the brain and the central

1054

00:42:58,329 --> 00:42:56,569

nervous system the brain matter and the

1055

00:43:00,759 --> 00:42:58,339

central nervous systems and the question

1056

00:43:02,890 --> 00:43:00,769

is in there a potential for that kind of

1057

00:43:05,170 --> 00:43:02,900

activity to give rise to the perception

1058

00:43:07,210 --> 00:43:05,180

of another reality you go back to the

1059

00:43:09,039 --> 00:43:07,220

mind brain filter as you get rid of the

1060

00:43:10,299 --> 00:43:09,049

brain's influence impede its influence

1061

00:43:12,250 --> 00:43:10,309

and you're gonna be exposed to an

1062

00:43:13,990 --> 00:43:12,260

advanced state of awareness advanced

1063

00:43:17,289 --> 00:43:14,000

consciousness what William James our

1064

00:43:19,120 --> 00:43:17,299

founders of psychology made that claim

1065

00:43:20,589 --> 00:43:19,130

over a hundred years ago and and the

1066

00:43:23,650 --> 00:43:20,599

things that we're seeing now is in my

1067

00:43:26,380 --> 00:43:23,660

mind some of the scribes to what he was

1068

00:43:29,799 --> 00:43:26,390

selling not that he's right but I see it

1069

00:43:31,809 --> 00:43:29,809

I see a parallel meditators meditating

1070

00:43:33,789 --> 00:43:31,819

when people have an NDE their brain is

1071

00:43:35,769 --> 00:43:33,799

understandably quieted and they have

1072

00:43:38,589 --> 00:43:35,779

these kinds of experiences that always

1073

00:43:41,349 --> 00:43:38,599

and always psycho activations if the

1074

00:43:43,859 --> 00:43:41,359

point is trigger events often result

1075

00:43:45,880 --> 00:43:43,869

when the brain is in the default mode

1076

00:43:49,029 --> 00:43:45,890

Network it's this kind of self

1077

00:43:51,069 --> 00:43:49,039

referential mental activity and and that

1078

00:43:54,069 --> 00:43:51,079

may lead to this ego dissolution this

1079

00:43:57,220 --> 00:43:54,079

ternary profound joy of feeling fluid

1080

00:43:59,170 --> 00:43:57,230

not solid at one with the universe so to

1081

00:44:01,329 --> 00:43:59,180

speak the interconnectedness thing maybe

1082

00:44:04,150 --> 00:44:01,339

that's maybe that's at the core cells

1083

00:44:06,069 --> 00:44:04,160

the default mode Network that that is

1084

00:44:08,049 --> 00:44:06,079

another reality and it's another aspect

1085

00:44:09,460 --> 00:44:08,059

of brain and the brain may be more

1086

00:44:11,470 --> 00:44:09,470

remarkable than we think

1087

00:44:13,390 --> 00:44:11,480

maybe it's capable of removing

1088

00:44:16,029 --> 00:44:13,400

consciousness from itself or an aspect

1089

00:44:17,829 --> 00:44:16,039

of awareness and interacting maybe it

1090

00:44:19,870 --> 00:44:17,839

has that potential I don't know but

1091

00:44:22,509 --> 00:44:19,880

people claim it doesn't mean you're

1092

00:44:24,400 --> 00:44:22,519

right but maybe the Yogi's are some

1093

00:44:26,170 --> 00:44:24,410

other people we should be studying I

1094

00:44:26,970 --> 00:44:26,180

think the sense we need to be studying

1095

00:44:28,920 --> 00:44:26,980

them though

1096

00:44:31,680 --> 00:44:28,930

that claim to have dual awareness or

1097

00:44:33,630 --> 00:44:31,690

able to voluntarily achieve that state

1098

00:44:35,970 --> 00:44:33,640

do many of us go into that without

1099

00:44:38,910 --> 00:44:35,980

preparation nobody gives us a scorecard

1100

00:44:40,200 --> 00:44:38,920

a prerequisite conditions you know this

1101

00:44:47,160 --> 00:44:40,210

is what you're gonna experience it's

1102

00:44:50,220 --> 00:44:47,170

hold on to your hat man no you don't get

1103

00:44:52,530 --> 00:44:50,230

you know you gotta go I'm so scaled a

1104

00:44:54,780 --> 00:44:52,540

sload friend a slowly evolving process

1105

00:44:56,640 --> 00:44:54,790

and knock my socks off because no one

1106

00:44:59,880 --> 00:44:56,650

told me that day before that are gonna

1107

00:45:02,760 --> 00:44:59,890

have a Kundalini so it got to be done

1108

00:45:04,440 --> 00:45:02,770

the right way but the point is so we're

1109

00:45:05,880 --> 00:45:04,450

suffering a consequence I think we're

1110

00:45:08,190 --> 00:45:05,890

born at the wrong time and serves I

1111

00:45:09,740 --> 00:45:08,200

think of seeing where where potential

1112

00:45:12,510 --> 00:45:09,750

can be in terms of human performance

1113

00:45:15,270 --> 00:45:12,520

consciousness you're exerting a positive

1114

00:45:17,520 --> 00:45:15,280

effect of mind on body another area that

1115

00:45:19,200 --> 00:45:17,530

found certainly attention the effects of

1116

00:45:23,070 --> 00:45:19,210

meditation on the body we know all the

1117

00:45:24,990 --> 00:45:23,080

good stuff of course but here again for

1118

00:45:26,609 --> 00:45:25,000

SIBO effect that no placebo effects

1119

00:45:29,820 --> 00:45:26,619

telling us a great deal about the minds

1120

00:45:32,280 --> 00:45:29,830

power intentionality again we do not

1121

00:45:34,020 --> 00:45:32,290

address it sufficiently especially from

1122

00:45:37,050 --> 00:45:34,030

childhood on in an appropriate manner

1123

00:45:39,060 --> 00:45:37,060

and won't derive the maximum benefit in

1124

00:45:42,570 --> 00:45:39,070

a positive way potentially from

1125

00:45:44,490 --> 00:45:42,580

intention from meditating from from all

1126

00:45:46,890 --> 00:45:44,500

the stuff that these these people who

1127

00:45:49,590 --> 00:45:46,900

claim to be able to leave their body and

1128

00:45:52,830 --> 00:45:49,600

their so-called low balance they're not

1129

00:45:55,560 --> 00:45:52,840

psychotic we tested for that and what

1130

00:45:57,210 --> 00:45:55,570

are they talking about right we're going

1131

00:45:59,130 --> 00:45:57,220

to throw with the flow this film just

1132

00:46:00,750 --> 00:45:59,140

don't pass the entities interact with

1133

00:46:02,730 --> 00:46:00,760

whatever you know like I can walk in the

1134

00:46:04,950 --> 00:46:02,740

park that kind of thing it's not new to

1135

00:46:07,830 --> 00:46:04,960

them so so they know how to manage it

1136

00:46:10,620 --> 00:46:07,840

they've been there before man if I if it

1137

00:46:13,650 --> 00:46:10,630

was me in their shoes no I because of a

1138

00:46:18,060 --> 00:46:13,660

psychotic break these individuals are

1139

00:46:19,200 --> 00:46:18,070

many I know I know for a fact that's one

1140

00:46:21,150 --> 00:46:19,210

of the things I think is interesting is

1141

00:46:23,160 --> 00:46:21,160

when you talk to some of those folks or

1142

00:46:25,590 --> 00:46:23,170

you know you listen to the Dalai Lama

1143

00:46:29,040 --> 00:46:25,600

and they go oh yeah well we have a whole

1144

00:46:31,320 --> 00:46:29,050

school of thought devoted to you know

1145

00:46:33,690 --> 00:46:31,330

what to do when you have those kind of

1146

00:46:36,420 --> 00:46:33,700

experiences kind of a different kind of

1147

00:46:38,190 --> 00:46:36,430

psychology and I agree with you that's

1148

00:46:39,660 --> 00:46:38,200

where we're heading and we have

1149

00:46:41,000 --> 00:46:39,670

something to bring to that the West has

1150

00:46:44,300 --> 00:46:41,010

something to bring to that

1151
00:46:45,770 --> 00:46:44,310
so tell me this dr. bot Davis as we wrap

1152
00:46:48,560 --> 00:46:45,780
things up here you know the natural

1153
00:46:51,530 --> 00:46:48,570
follow-up questions the last one is so

1154
00:46:54,140 --> 00:46:51,540
what's book four or look like what's

1155
00:46:56,120 --> 00:46:54,150
coming down the pike for you or maybe

1156
00:46:58,040 --> 00:46:56,130
just what are you working on now and

1157
00:47:00,470 --> 00:46:58,050
tell folks about your website are you

1158
00:47:03,380 --> 00:47:00,480
doing new stuff there how can folks

1159
00:47:05,900 --> 00:47:03,390
connect my website I just don't give it

1160
00:47:08,780 --> 00:47:05,910
enough attention as they should it's Bob

1161
00:47:12,020 --> 00:47:08,790
Davis speaks calm that's one word calm

1162
00:47:14,630 --> 00:47:12,030
and information in the books many etc is

1163
00:47:16,670 --> 00:47:14,640

provided there sufficient enough to I

1164

00:47:19,370 --> 00:47:16,680

think in contact me with any questions

1165

00:47:20,780 --> 00:47:19,380

of course but but what's next you know I

1166

00:47:23,690 --> 00:47:20,790

wrestled with that every day

1167

00:47:25,010 --> 00:47:23,700

yeah what is reality you know and and

1168

00:47:29,630 --> 00:47:25,020

what what the heck am I gonna do

1169

00:47:32,060 --> 00:47:29,640

tomorrow in terms of writing so yeah you

1170

00:47:35,300 --> 00:47:32,070

know I wonder if I think that off this

1171

00:47:38,030 --> 00:47:35,310

altogether because it's my enjoyment my

1172

00:47:40,070 --> 00:47:38,040

stimulation is in this direction in all

1173

00:47:41,810 --> 00:47:40,080

those varying ways as you can see from

1174

00:47:43,370 --> 00:47:41,820

the few books I wrote but at the same

1175

00:47:45,530 --> 00:47:43,380

time it creates a great deal of

1176

00:47:48,109 --> 00:47:45,540

frustration doing doing this task I was

1177

00:47:50,000 --> 00:47:48,119

pardon free I'm no longer associated

1178

00:47:51,770 --> 00:47:50,010

with free by the way the doctor at the

1179

00:47:54,349 --> 00:47:51,780

Mitchells foundation for like

1180

00:47:56,890 --> 00:47:54,359

terrestrial and ordinary experiences for

1181

00:47:59,090 --> 00:47:56,900

variety of reasons but but allow me to

1182

00:48:01,340 --> 00:47:59,100

have an article published with Ray

1183

00:48:02,990 --> 00:48:01,350

Fernandez dr. berty she'll dr. Russell

1184

00:48:05,030 --> 00:48:03,000

says tap home the Journal of scientific

1185

00:48:07,400 --> 00:48:05,040

exploration last year at blizzards

1186

00:48:09,950 --> 00:48:07,410

volume 3 number 3 you people can access

1187

00:48:11,660 --> 00:48:09,960

that online I'm very proud of that paper

1188

00:48:13,790 --> 00:48:11,670

it doesn't it doesn't mean people are

1189

00:48:16,280 --> 00:48:13,800

actually interact them you know these

1190

00:48:18,710 --> 00:48:16,290

grades etc feminine from a ship it is

1191

00:48:20,930 --> 00:48:18,720

profoundly important to have weather and

1192

00:48:22,400 --> 00:48:20,940

taken in context for the article that it

1193

00:48:25,460 --> 00:48:22,410

is I'm sorry for getting you on for the

1194

00:48:26,780 --> 00:48:25,470

topic but that's I was just looking at

1195

00:48:27,440 --> 00:48:26,790

it the other day and people need to

1196

00:48:29,510 --> 00:48:27,450

understand

1197

00:48:31,940 --> 00:48:29,520

I always emphasis on this show how hard

1198

00:48:34,910 --> 00:48:31,950

it is get published in the journal

1199

00:48:36,830 --> 00:48:34,920

scientific exploration and that I've had

1200

00:48:39,020 --> 00:48:36,840

several people come on and say you know

1201
00:48:40,640 --> 00:48:39,030
I published a number of places that was

1202
00:48:42,260 --> 00:48:40,650
the hardest that was the most rigorous

1203
00:48:44,090 --> 00:48:42,270
review because they're on their game

1204
00:48:45,470 --> 00:48:44,100
they know that kind of stuff that you're

1205
00:48:50,120 --> 00:48:45,480
talking about and they know how to

1206
00:48:52,460 --> 00:48:50,130
scrutinize it it's not given enough

1207
00:48:54,309 --> 00:48:52,470
attention I'm not saying this from an

1208
00:48:56,739 --> 00:48:54,319
egotistical perspective

1209
00:48:58,989 --> 00:48:56,749
enough attention by ufology I mean you

1210
00:49:01,179 --> 00:48:58,999
know everybody's focuses on a tip and

1211
00:49:03,489 --> 00:49:01,189
everything else you know so along those

1212
00:49:05,650 --> 00:49:03,499
lines and so on well it's important on

1213
00:49:07,479 --> 00:49:05,660

some level it generates business for

1214

00:49:10,179 --> 00:49:07,489

you-know-who except all that sort of

1215

00:49:13,359 --> 00:49:10,189

stuff but it doesn't get at us anywhere

1216

00:49:16,509 --> 00:49:13,369

and I think this is simply the way to go

1217

00:49:18,130 --> 00:49:16,519

nice you know Bob I think you've hinted

1218

00:49:19,779 --> 00:49:18,140

out a follow-up discussion we will

1219

00:49:21,219 --> 00:49:19,789

definitely have to have one down the

1220

00:49:23,229 --> 00:49:21,229

road because there's a lot of stuff

1221

00:49:25,179 --> 00:49:23,239

going on with you that we definitely

1222

00:49:27,789 --> 00:49:25,189

want to talk more about and I love the

1223

00:49:29,499 --> 00:49:27,799

fact that you have the ability and the

1224

00:49:31,479 --> 00:49:29,509

desire to dig into some of this research

1225

00:49:33,789 --> 00:49:31,489

and people find that in the book - so

1226

00:49:35,650 --> 00:49:33,799

it's backed up and they can understand

1227

00:49:37,229 --> 00:49:35,660

it and verify it themselves which is the

1228

00:49:40,900 --> 00:49:37,239

only way to ever understand that so

1229

00:49:42,809 --> 00:49:40,910

thanks again so much for joining me and

1230

00:49:45,579 --> 00:49:42,819

we finally get to connect it was awesome

1231

00:49:47,799 --> 00:49:45,589

it's really a pleasure speaking with you

1232

00:49:49,839 --> 00:49:47,809

you have an excellent show and I've

1233

00:49:52,449 --> 00:49:49,849

always listened to it so I know if

1234

00:49:55,239 --> 00:49:52,459

you're doing it we need more people like

1235

00:49:57,880 --> 00:49:55,249

you to help educate more people on this

1236

00:49:59,679 --> 00:49:57,890

these important matters thank you so

1237

00:50:01,539 --> 00:49:59,689

thanks for watching this video if it

1238

00:50:04,149 --> 00:50:01,549

wasn't really a video but just an audio

1239

00:50:05,679 --> 00:50:04,159

stored as a video I apologize but

1240

00:50:07,659 --> 00:50:05,689

there's more videos out there as well

1241

00:50:09,519 --> 00:50:07,669

but please check out the Skeptical

1242

00:50:10,839 --> 00:50:09,529

website you can see it here we cover a

1243

00:50:13,659 --> 00:50:10,849

lot of different stuff you might be

1244

00:50:16,989 --> 00:50:13,669

interested in relating to controversial

1245

00:50:20,409 --> 00:50:16,999

science and spirituality a lot of shows

1246

00:50:23,439 --> 00:50:20,419

up there over 350 of them or so all free

1247

00:50:24,880 --> 00:50:23,449

all available for download so do check